



# Saint Mary MacKillop Catholic Parish

Birkdale · Thorneside · Wellington Point

(This Parish is Child Safety Aware and also complies with Australian Privacy Laws)



## 21<sup>st</sup> Sunday in Ordinary Time - 22<sup>nd</sup> August 2021



### Guidelines for Receiving the Holy Eucharist.

- **Come prepared:** As Catholics, we fully participate in the celebration of the Eucharist when we receive Holy Communion. We are encouraged to receive Communion devoutly and frequently. In order to be properly disposed to receive Communion, participants should not be conscious of grave sin and normally should have fasted for one hour. "A person who is conscious of grave sin is not to receive the Body and Blood of the Lord without prior sacramental confession except for a grave reason where there is no opportunity for confession. In this case, the person is to be mindful of the obligation to make an act of perfect contrition, including the intention of confessing as soon as possible" (canon 916). The frequent reception

of the Sacrament of Penance is encouraged for all. Do your best during Mass to pay attention to the readings, prayers, and homily and draw nearer to Jesus as you get ready to receive Him.

- **Bow or genuflect before receiving:** The General Instruction asks us to make a sign of reverence before receiving Holy Communion. Our sign of reverence before receiving the Eucharist will be a bow of the head to the Body and Blood of Christ in the hands of the minister. This is a sign of reverence for Jesus who is present in the Eucharist. You can do this while the person in front of you is receiving. This bow is not a deep bow from the waist, but a simple bow of the head, made after stopping before the minister of communion. This simple gesture, made by all, unifies us in our visible respect for the Bread of Life and the Cup of Salvation which we are about to receive.

- **If you receive the Body of Christ in your hand:** (under the current restrictions, we only receive in the hand). Make sure your hands are uncovered (no gloves, etc.), clean, and empty. Make a solid "throne" for Jesus with your hands: one beneath the other, flat and firm, and raised up in front of your chest. (See photo.) When the priest, or extraordinary minister says, "The Body of Christ," respond clearly, "Amen" signifies 'I believe' (Do not say thank you Father...). Once the host is in your top hand, use your bottom hand to pick it up and put it in your mouth and eat. Please do so immediately! Never reach and grab the Host. But be careful that no particles of the Holy Host fall, and make sure the small particles of the Holy Host are not stuck to your hands. Some people make the Sign of the Cross after receiving, but this is not required, it is optional.

- **If you receive the Body of Christ of Christ on the tongue:** (if you prefer to do so in the normal circumstances). Keep your hands folded prayerfully. Then extend your head forward, open your mouth, and extend your tongue slightly over your bottom teeth. Once the host is on your tongue, gently close your mouth around it and eat. Return prayerfully to your pew. To receive the Precious Blood: please refer to the last weekend's newsletter. Then say a prayer of Thanksgiving after receiving Holy Communion when you are back in your place. All of this will help us to remember that Holy Mass and receiving Holy Communion are the source and summit of our Catholic Faith.

Blessings,

Fr. Dantus Thottathil.

### ***This Week's Readings:***

**First Reading:** *Josh 24:1-2, 15-18 – We will serve the Lord God, because he is our God.*

**Psalms Response:** Taste and see the goodness of the Lord.

**Second Reading:** *Eph 5:21-32 – This is the great mystery, it applies to Christ and the Church.*

### **Gospel Acclamation**

Alleluia, alleluia. Your words, Lord, are spirit and life: you have the words of everlasting life. Alleluia!



**Gospel:** *John 6:60-69 – Lord, whom shall we go to? You have the words of everlasting life.*

### **QUOTE OF THE WEEK:**

**Everyone is unique  
in their own way.  
In a different and  
beautiful  
way.  
Appreciate each other.  
It will be a wonderful  
world.**

### **Next week's Readings**

**First: Deut 4:1-2, 6-8**

**Second: James 1:17-18, 21-22, 27**

**Gospel: Mark 7:1-8, 14-15, 21-23**

<b>Roster</b>	<b>Readers</b> 6:15pm (1st) Martin M (2nd) Matty M (Welcome & POF) Pamela J	<b>8:00am</b> (1st) Peter M (2nd) Matthew K (Welcome & POF) Lorraine K	<b>Counting</b> Group 5
28 <sup>th</sup> & 29 <sup>th</sup> August	<b>Communion Ministers</b> 6:15pm Betty A	<b>8:00am</b> Walter G	<b>Music</b> 6:15pm Gp 3 <b>PowerPoint</b> 6:15pm Emma M
			<b>8:00am</b> CD <b>8:00am</b> Chris M

**Mass Times:** Saturday 6:15pm & Sunday 8:00am

**Reconciliation:** Thursday 5:30pm

**Parish Office Hours:** Monday, Tuesday, Thursday and Friday 9:00am to 2:00pm.

**Parish Council Members:** Chris Mahoney, Therese Evans, Cathy McGrath, Lorraine Kumar, John Spillane

### ***A VOCATION VIEW:***

Jesus teach us about life everlasting. "Your words Lord are spirit and life..." It is this that gives us hope when we despair, a way of living when we stray from God's way. "The words I have spoken are spirit and they are life". It is Gods words that we need to hear to lift our spirit and give life. Pray for vocations.

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**Associate Pastor:** Fr Prem Rethnamony

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Emergency Contact: 3207 4566

**Safeguarding Officer:** Lisa Knight ☎ 3822 2139

**STOPLINE Contact:** [AOB@stoline.com.au](mailto:AOB@stoline.com.au)

**Parish Primary School**

Principal: Mr John Spillane

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**Please be mindful of our sick & all who care for them:** Liana Lo Presti, Andrew Hodgson, Amanda Ward, Ed Moloney, Colleen Van den Bosch, Janice McAnlen, Rebecca Harvey, Clara Elms, Beth Riegler, Henk Hoonhout, Peter Goodbun, Tony Dickinson, Elizabeth Smit, Pat Cochrane, Patricia Briscoe, Paul McKean, Geoffrey Whall, Kevin Harrop, Judy Mullan, Charles Lilley, Ann Brown, Sally Legarda, Gemma Paxman, James Thomas, Cindy Cummins, John Bacon, Jodie Bromiley, Casey Whitby, Trish Swan, Ian Splatt, Steven West, Ava Loda, Joan Thorpe, Patricia Haines, Belinda Wheeler, Cely Salisbury, The Bade Family, Carol Parker, Brian Crimmins, Brian Johnston, Medi Camelli, Hazel Foster, Dan Mullan, Stana Matic, Page Brosnan, Dot Abrahams, Amelia Ramsay, Jeanette Moore, Nola Murphy, Christiana Becker, Cathy Leane, Pauline McNamee, Pat Crimmins, Gina Mather.

**May God embrace all who have recently died:** Alicia Black, Jasmine Webb, Gwen Maloney, Maritel Abella, Peter Hapuarachchi, Martin Joseph.

**Anniversaries & Remembrances August:** Ernesto Zanatta, Peg Devlin, Maureen Garty, Joel Casley, Greg Dwyer, Steve Toon, Mitchell Montgomery, Martin Walsh, Neil Bryson, Helena Szawajczak, Patrick O'Connor, Giuseffina Garbuio, Valda Montgomery, Robert Peters, Lorenza Fenech, George Hayes, Ernie Mullan, Tom Power, Patricia Thomsen, Roxanne Allam, Peter Quinn, Christine McQuillan, Hugh Magee, Doreen Webb, Sr Kathleen Prise RSJ, Max Ferris, Ragagnin Antonio, Ellen Hume, Michael Wellington, Rosa Rominelli, Kathy MacLellan, Margaret Ansell-Vosti, Robert Squires, Mary Ward, Thomas McNamee, Helen McNamee, Modesta Santarossa, Raniero Citeroni, Angela Citeroni, Hazel Padget, Eileen Doherty, John Howard, Michael Czapkowski, Basilio Poloniato, Doris and Ray Sharp.

**Please record any further names in the Anniversaries & Remembrance Diary at the Welcome Desk**

### **Important information for Masses – COVID Restriction**

The following restrictions will remain in place through to **Friday 27<sup>th</sup> August**:

- **You must wear a mask in indoor spaces (including places of worship and workplaces, (but not your own home).** You must carry a face mask with you at all times when you leave home, unless you have a lawful reason not to. Parishioners may remove their masks if they are 1.5 metres apart from one another. (People living in the same household are not required to socially distance from each other). **Outdoors:** you must wear a mask when unable to stay 1.5m apart from people who are not part of your household
- Clergy and readers who are socially distanced from others may remove their masks while speaking, and only when 1.5 metres from others. Parishioners may remove their masks momentarily for reception of Holy Communion.

\* **Livestream Mass: Cathedral Livestream** <https://brisbanecatholic.org.au/multimedia/web-cast/>

**The 2021 Annual Catholic Campaign** will be held in our Parish this weekend (**21<sup>st</sup> & 22<sup>nd</sup> August**).

Brochures with the giving envelope attached are available in the Church. Funds raised will support:

- The journey of seminarians at Holy Spirit seminary
- Providing for our unwell and retired priests
- Helping those in our community who are in need through **Centacare services** and the **Mary MacKillop School Access Fund**

**For more information, please go to:** <https://catholicfoundation.org.au/catholic-campaign/>

**Deanery Function to Celebrate "The Year of St Joseph" Day:** Saturday 4th September. **Time:** 8:30am Check-in for 9:00am start to 12:00pm **Venue:** St Mary MacKillop Parish Hall Birkdale. It will be a special morning of reflection, prayer and friendship. Deanery Parishes will celebrate the Year of St Joseph at Parish Masses on the weekend of the 4th and 5th September. With a special blessing to all our Fathers. Eventbrite booking required for the Deanery Function on Saturday 4th September. <https://www.eventbrite.com.au/e/celebration-of-the-year-of-st-joseph-tickets-163314013611>

**Going Deeper Online Formation Course** Going Deeper is a ten-session online series of pre-recorded discussions about the heart of the Catholic faith. It explores different aspects of what it means to live a Catholic life. No matter your faith background or experience, Going Deeper is for you. To register or for further information for Going Deeper, visit [www.goingdeeper.org.au](http://www.goingdeeper.org.au). Please contact the Parish Office on 3822 2139 if you are interested in registering. If we get a group together we can get a group discount. (Cost is \$50 for individuals / \$200 for groups). We have a parishioner who is prepared to run group sessions.

### **Parish Diary:**

#### **Monday 23<sup>rd</sup> August**

1:00pm Rosary Group and Private Prayer

#### **Tuesday 24<sup>th</sup> August**

*St Bartholomew*

#### **Wednesday 25<sup>th</sup> August**

7:30am HEARTfit  
11:00am Rosary Group and Private Prayer

#### **Thursday 26<sup>th</sup> August**

5:30pm Reconciliation  
**6:00pm Mass**

#### **Friday 27<sup>th</sup> August**

*St Monica*

**9:30am Mass**

#### **Saturday 28<sup>th</sup> August**

*St Augustine*

3:00pm Baptism Celebration  
**6:15pm Mass**

#### **Sunday 29<sup>th</sup> August**

**8:00am Mass**



### **21<sup>st</sup> Sunday in Ordinary Time**

#### **First Reading: A reading from book of Joshua**

Joshua gathered all the tribes of Israel together at Shechem; then he called the elders, leaders, judges and scribes of Israel, and they presented themselves before God. Then Joshua said to all the people: 'If you will not serve the Lord, choose today whom you wish to serve, whether the gods that your ancestors served beyond the River, or the gods of the Amorites in whose land you are now living. As for me and my House, we will serve the Lord.'

The people answered, 'We have no intention of deserting the Lord our God who brought us and our ancestors out of the land of Egypt, the house of slavery, who worked those great wonders before our eyes and preserved us all along the way we travelled and among all the peoples through whom we journeyed. We too will serve the Lord, for he is our God.'

#### **Second Reading: A reading from the first letter of St Paul to the Ephesians**

Give way to one another in obedience to Christ. Wives should regard their husbands as they regard the Lord, since as Christ is head of the Church and saves the whole body, so is a husband the head of his wife; and as the Church submits to Christ, so should wives submit to their husbands, in everything. Husbands should love their wives just as Christ loved the Church and sacrificed himself for her to make her holy. He made her clean by washing her in water with a form of words, so that when he took her to himself she would be glorious, with no speck or wrinkle or anything like that, but holy and faultless. In the same way, husbands must love their wives as they love their own bodies; for a man to love his wife is for him to love himself. A man never hates his own body, but he feeds it and looks after it; and that is the way Christ treats the Church, because it is his body - and we are its living parts. For this reason, a man must leave his father and mother and be joined to his wife, and the two will become one body. This mystery has many implications; but I am saying it applies to Christ and the Church.

#### **Gospel: A reading from the holy Gospel according to John**

After hearing his doctrine many of the followers of Jesus said, 'This is intolerable language. How could anyone accept it?' Jesus was aware that his followers were complaining about it and said, 'Does this upset you? What if you should see the Son of Man ascend to where he was before? 'It is the spirit that gives life, the flesh has nothing to offer. The words I have spoken to you are spirit and they are life. 'But there are some of you who do not believe.' For Jesus knew from the outset those who did not believe, and who it was that would betray him. He went on, 'This is why I told you that no one could come to me unless the Father allows him.' After this, many of his disciples left him and stopped going with him. Then Jesus said to the Twelve, 'What about you, do you want to go away too?' Simon Peter answered, 'Lord, who shall we go to? You have the message of eternal life, and we believe; we know that you are the Holy One of God.'