



Saint Mary MacKillop Catholic Parish

Birkdale · Thorneside · Wellington Point

(This Parish is Child Safety Aware and also complies with Australian Privacy Laws)



15th Sunday in Ordinary Time - 11th July 2021

Gestures and Bodily Posture at Holy Mass

In the celebration of the Mass we raise our hearts, minds, and voices to God. As creatures composed of body as well as spirit, we also pray with our bodies. During Mass we assume different postures: standing, kneeling, and sitting. We also make a variety of gestures: bowing, signing ourselves, shaking hands under normal circumstances as a sign of peace, processing to the altar. These movements are not merely ceremonial. They carry a profound meaning when done consciously, with understanding and faith. Through these actions we participate in the liturgy more attentively. "The gestures and bodily posture of the Priest, the ministers, and also of the people, must be conducive to making the entire celebration resplendent with beauty and noble simplicity, to making clear the true and full meaning of its different parts, and to fostering the participation of all. A common bodily posture, to be observed by all those taking part, is a sign of the unity of the members of the Christian community gathered together for the Sacred Liturgy, for it expresses the intentions and spiritual attitude of the participants and also fosters them" (GIRM 42).

Standing is a sign of respect and honour. "The faithful should stand from the beginning of the Entrance Chant, or while the Priest approaches the altar, until the end of the Collect; for the Alleluia Chant before the Gospel; while the Gospel itself is proclaimed; during the Profession of Faith and the Universal Prayer; and from the completion of the Priest's invitation, *Orate, fratres* (Pray, brethren), before the Prayer over the Offerings until the end of Mass, except at the places indicated here below" (GIRM 43). Sitting is the posture of attentive listening and of meditation. "The faithful should sit, on the other hand, during the readings before the Gospel and the Responsorial Psalm and for the Homily and during the Preparation of the Gifts at the Offertory" (GIRM 43).

Kneeling signified penitence for the early Church: The awareness of our sin casts us to the ground! "In the dioceses of Australia, faithful should kneel from the completion of the *Sanctus* (Holy, Holy, Holy) until after the Amen of the Eucharistic Prayer, except when prevented on occasion by ill health, or for reasons of lack of space, of the large number of people present, or for another reasonable cause. However, those who do not kneel ought to make a profound bow when the Priest genuflects after the Consecration" (GIRM 43). Genuflecting is the gesture of adoration that we make to the presence of Christ in the Blessed Sacrament. Bowing is a sign of reverence. We recognize the altar as a symbol of Christ, and so we stop and bow to it whenever we pass in front of it.

"The faithful are to kneel again after the *Agnus Dei* (Lamb of God) until the distribution of Holy Communion. During the period of sacred silence after Communion, they may either sit or kneel. For the sake of uniformity in gestures and bodily postures during one and the same celebration, the faithful should follow the instructions which the Deacon, a lay minister, or the Priest gives, according to what is laid down in the Missal" (GIRM 43).

There are other gestures that intensify our prayer at Mass. For example, during the Penitential Rite, when we pray the Confiteor ("I confess"), the action of striking the breast at the words "through my fault" can strengthen awareness that our sin is indeed our fault. In the Rite of Peace, we express through shaking hands or embrace that we are committed to sharing Christ's peace. It is an expression of our desire to live in communion with one another. Thus it is appropriate that before we share in Holy Communion, the sacrament of unity, we make this symbolic gesture with those around us.

Blessings,

Fr. Dantus Thottathil.

This Week's Readings:

First Reading: Amos 7:12-15 – Go, prophesy to my people.

Psalm Response: Lord, let us see your kindness; Lord, let us see your kindness.

(Alternative Psalm Response if spoken): Lord, show us your mercy and love, and grant us your salvation.

Second Reading: Eph 1:3-14 – Before the world was made, he chose us in Christ.

Gospel Acclamation

Alleluia, alleluia. May the Father of our Lord Jesus Christ, enlighten the eyes of our heart that we might see how great is the hope to which we are called. Alleluia!

Gospel: Mark 6:7-13 – He called the Twelve, and began to send them out.



QUOTE OF THE WEEK:

Patience and Silence
are two powerful
energies.

Patience makes you
Mentally strong,
Silence makes you
Emotionally strong.

Next week's Readings

First: Jer 23:1-6

Second: Eph 2:13-18

Gospel: Mark 6:30-34

Mass Times: Saturday 6:15pm & Sunday 8:00am

Reconciliation: Thursday 5:30pm

Parish Office Hours: Monday, Tuesday, Thursday and Friday
9:00am to 2:00pm.

Parish Council Members: Chris Mahoney, Therese Evans,
Cathy McGrath, Lorraine Kumar, John Spillane

Pastor: Fr Dantus Thottathil thottathild@bne.catholic.net.au

Associate Pastor: Fr Prem Rethnamony

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A VOCATION VIEW:

In today's First Reading, Amos says he did not choose to be a prophet. God selected him. Maybe God is asking you to reconsider what you are doing and do His work instead.

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Please be mindful of our sick & all who care for them: Liana Lo Presti, Andrew Hodgson, Amanda Ward, Ed Moloney, Colleen Van den Bosch, Janice McAnlen, Rebecca Harvey, Clara Elms, Jasmine Webb, Beth Riegler, Henk Hoonhout, Peter Goodbun, Tony Dickinson, Elizabeth Smit, Pat Cochrane, Patricia Briscoe, Alicia Black, Paul McKean, Geoffrey Whall, Kevin Harrop, Judy Mullan, Charles Lilley, Ann Brown, Sally Legarda, Gemma Paxman, James Thomas, Cindy Cummins, John Bacon, Jodie Bromiley, Casey Whitby, Trish Swan, Ian Splatt, Steven West, Ava Loda, Joan Thorpe, Patricia Haines, Belinda Wheeler, Cely Salisbury, The Bade Family, Carol Parker, Brian Crimmins, Brian Johnston, Medi Camelli, Hazel Foster, Dan Mullan, Stana Matic, Page Brosnan, Dot Abrahams, Amelia Ramsay, Jeanette Moore, Nola Murphy, Christiana Becker, Cathy Leane, Pauline McNamee, Pat Crimmins, Gina Mather.

May God embrace all who have recently died: Maritel Abella, Peter Hapuarachchi, Martin Joseph.

Anniversaries & Remembrances July: baby Belle Woolfe, Cliff Friswell, Kathleen Miles, Roy Longwill, Thomas Czapkowski, Kerry McPeake, Mary Baldacchino, Margaret Adkins, Alice Webster, Charles McCourt, Michael Mossop, Emilia Stephenson, Dulcie Perera, Nancy Hogan, Harry Elliott, Trevor Myatt, Norah Butler, Antonio Giavedoni, Peter Trevelan, Mick McLain, George Amown, Fre Celestno, Marie Welsh, Marco Peressini, Sr Mary Robinson OSU, Nugget and Thelma Sweeney, Val Tranter, Alex Crimmins, Rose Mills, Anton Szwajczak, Ezilda Souza, Patricia Logan, Patricia Stevens, Francesca De Souza, Peggy Myatt, Noreen McGrath, Isabel Henry, Bart Szwajczak, Eileen Scanlan, Sydney Stone, Ranier Daboin, Fr Gerry Ronayne, Robert Bae, Gino Lippi, Kannika Bagster, Concetta Ragonesi, Doris Sharpe, Peg Knight, William Daley, Harry Kirkman, Jose Mangana.

Please record any further names in the Anniversaries & Remembrance Diary at the Welcome Desk

Important Information for Weekend and Weekday Masses: Masks will be mandatory from 1:00am on Tuesday 29 June 2021 for an initial period of two weeks. Face masks must be worn in indoor spaces where you can't physically distance. You must carry a face mask with you at all times whenever you leave your home, unless you have a lawful reason not to. Clergy and readers who are socially distanced from others may remove their masks while speaking and then put it back on. A reminder that the Check In Qld App is mandatory for all gatherings (all Masses, adoration, baptisms, etc) at places of worship from the 9th July 2021 – this is a critical tool to assist Queensland Health with contact tracing. If a visitor is unable to use the Qld App, then the parish will use the business mode of the App to enter in details on their behalf. Alternatively, if an accompanying person has a smartphone, they can add them as a guest on check in.

Support Your Parish: Thank you so much to all the Parishioners who continue to support our Parish financially through the Planned Giving programme (Direct Debits, Credit Card and envelopes) and donations in the collection box outside the Church each week. Our planned giving bank account details for Electronic Funds Transfer deposits are as follows: **BSB: 064 786 Account No: 1000 17027**
Account Name: Birkdale Parish Planned Giving (this account number is NOT for over the counter deposits at the Bank). Kindly reference your deposit with your surname and your planned giving number/envelope number if you have one. Please contact the parish office on 3822 2139 for further information.

Considering becoming a Catholic? Our Parish will be offering the Rite of Christian Initiation of Adults (RCIA) journey for non-Catholics who would like to know more about the Catholic faith or how they can become a Catholic. Please contact the Parish Office on 3822 2139 if you would like to start this journey or if you have any enquiries.

PLENARY COUNCIL UPDATE—AGENDA RELEASED The Plenary Council Agenda has now been released. It is accessible online [Plenary Council \(catholic.org.au\)](http://Plenary Council (catholic.org.au)). It has emerged from three years and several layers of prayer, listening, dialogue and discernment, and will shape the program of the Council's assemblies – the first of which opens on October 3 this year. The agenda's preamble draws from Pope Francis' apostolic exhortation Evangelii Gaudium, which explores the Pope's "dream of a 'missionary option'". "That is, a missionary impulse capable of transforming everything, so that the Church's customs, ways of doing things, times and schedules, language and structures can be suitably channelled for the evangelisation of today's world rather than for her self-preservation," the Pope wrote.

Parish Diary:

Monday 12th July

1:00pm Rosary Group and Private Prayer
2:00pm Activities Group
2:00pm Conversation Group

Tuesday 13th July

Wednesday 14th July

7:30am HEARTfit
11:00am Rosary Group and Private Prayer

Thursday 15th July

St Bonaventure
5:30pm Reconciliation
6:00pm Mass

Friday 16th July

9:30am Mass

Saturday 17th July

3:00pm Baptism Celebration
6:15pm Mass

Sunday 18th July

8:00am Mass

Roster	Readers 6:15pm	(1st) Roisin B	8:00am	(1st) Louise W	Counting	Group 3
17th & 18th July		(2nd) Vern D		(2nd) Matthew K	Music	6:15pm Gp 1 8:00am Gp 3
		(Welcome & POF) Tanina D		(Welcome & POF) Lorraine K	PowerPoint	6:15pm Alan B8:00am Clinton T
	Communion Ministers	6:15pm Paulina P	8:00am	Elaine H		

15th Sunday in Ordinary Time

First Reading: A reading from the prophet Amos

Amaziah, the priest of Bethel, said to Amos, 'Go away, seer; get back to the land of Judah; earn your bread there, do your prophesying there. We want no more prophesying in Bethel; this is the royal sanctuary, the national temple.' 'I was no prophet, neither did I belong to any of the brotherhoods of prophets,' Amos replied to Amaziah, 'I was a shepherd, and looked after sycamores: but it was the Lord who took me from herding the flock, and the Lord who said, "Go, prophesy to my people Israel."'

Second Reading: A reading from the letter of St Paul to the Ephesians

Blessed be God the Father of our Lord Jesus Christ, who has blessed us with all the spiritual blessings of heaven in Christ. Before the world was made, he chose us, chose us in Christ, to be holy and spotless, and to live through love in his presence, determined that we should become his adopted sons, through Jesus Christ for his own kind purposes, to make us praise the glory of his grace, his free gift to us in the Beloved in whom, through his blood, we gain our freedom, the forgiveness of our sins. Such is the richness of the grace which he has showered on us in all wisdom and insight. He has let us know the mystery of his purpose, the hidden plan he so kindly made in Christ from the beginning to act upon when the times had run their course to the end: that he would bring everything together under Christ, as head, everything in the heavens and everything on earth. And it is in him that we were claimed as God's own, chosen from the beginning, under the predetermined plan of the one who guides all things as he decides by his own will; chosen to be, for his greater glory, the people who would put their hopes in Christ before he came. Now you too, in him, have heard the message of the truth and the good news of your salvation, and have believed it: and you have been stamped with the seal of the Holy Spirit of the Promise, the pledge of our inheritance which brings freedom for those whom God has taken for his own, to make his glory praised.

Gospel: A reading from the holy Gospel according to Mark

Jesus summoned the Twelve and began to send them out in pairs giving them authority over the unclean spirits. And he instructed them to take nothing for the journey except a staff - no bread, no haversack, no coppers for their purses. They were to wear sandals, but, he added, 'Do not take a spare tunic.' And he said to them, 'If you enter a house anywhere, stay there until you leave the district. And if any place does not welcome you and people refuse to listen to you, as you walk away shake off the dust from under your feet as a sign to them.' So they set off to preach repentance; and they cast out many devils, and anointed many sick people with oil and cured them.